

For Your Diary

- 📍 Residents and Families Meeting via Zoom (8th October – 7pm to 8pm)
- 📍 AFL Grand Final Celebrations (22nd October)
- 📍 Melbourne Cup Celebration Day (2nd November)

What's been happening at Eva Tilley?

- ❖ 710 Video Calls have been conducted since March
- ❖ In excess of 1,500 1:1 Sessions and Activities with Residents
- ❖ 27 Car Park Window Chats since September
- ❖ Virtual Birthday Celebrations



From the CEO (Sharelle)

We have been pleased to release the Eva Tilley Roadmap to residents, families, staff and interested parties over the last week. We must always have at the forefront of our minds that the risk to the elderly and most vulnerable does not change. Risk mitigation is the key in relation to visitation and pre-screening is a tool that we have been implementing. We need to feel confident that contractors working across multiple sites such as aged care and acute care are not entering our site unless they have been screened and deemed low risk prior to any visit. On the day of arrival the health screen is completed and compliance much be achieved. This rule is also applied to all families visiting in person.

This current mitigation tool has seen around a half dozen potential visits be deemed as high risk and therefore unable to enter until their risk rating is compliant (low).

Our Roadmap encourages external visitation through the use of the Burke Road car park Window Chat and then we will re-open the Garden Waves from the 29th September.

The popular Sybil's Courtyard Window Therapy visits will return from Tuesday 13th October.

The good news for the residents is that small group activities of up to five people will re-commence from the 29th September, however social distancing must continue.

We hope to commence the hairdressing services again from Monday 26th October providing our hairdressers pass their screening and they are comfortable returning to our setting.

We will continue to thank and commend our residents, their families, staff and all those connected to Eva Tilley for their diligence to the COVID-19 health principles and our practices, for their patience and understanding, and most of all their dedication and support. The support and gratitude shown has been amazing despite the very strict policies and guidelines that have been implemented.

We hope and envisage that the roadmap beyond the 26th October begins to resemble more normality and movement, with risk measures that give all parties a sense of comfort. We know that risk screening, health screening, mask wearing, frequent handwashing and social distancing are principles that are here to stay over the longer term. These practices are imperative to keep us all safe!

We have made the difficult decision not to host any large gatherings at Eva Tilley in 2020 inclusive of our usual large Christmas gathering. Our 2020 celebrations will possibly be many small events including those held off site to reduce the risk to our population.

We will continue to focus on the positives, such as the reducing numbers of COVID-19 cases in the community and the beautiful sun that has been shimmering great light and delight of late.

I hope you enjoy reading this edition of the Eva Tilley Times.

Eva Tilley COVID Updates

A link to supportive documents and Slideshows is available from our Website.

evatilley.com.au/news/covid-19/

If you wish to be on our mailing list, contact Reception.

Lifestyle (Kate)

The Lifestyle team along with residents continue to adapt to the rules for social distancing and inability to meet in groups which were introduced on August 2. An extensive range of activities are still being delivered but on a 1:1 basis. These activities are as varied as completing craft projects, music therapy with Jonathon, through to the streaming of weekly church services on a laptop in residents bedrooms. The warmer weather has enabled staff to escort many residents into the gardens to see a variety of plants springing to life and experience the feel of the sun and wind on their bodies.

Father's day was celebrated with lunch on 4 September. The dining rooms were beautifully decorated with vintage images, and lifestyle staff and management served a selection of drinks to accompany the celebration meal. All men received a gift bag from their Eva Tilley family. Many families also took the opportunity to connect with their loved one via a video call over the Father's day weekend. Thank you to Luisa for her effort in decorating the dining room and assembling the gift bags for this event.

Due to the inability of families to visit we are making a special effort to acknowledge birthdays. Each week we are celebrating residents birthdays during lunch in the dining rooms with an individual cake presented and fellow residents and staff joining together to sing Happy Birthday.

In the coming weeks we will be acknowledging the AFL Grand Final and Melbourne Cup with celebration lunches, staff dress up and some fun and games.

We are all eagerly anticipating the gradual loosening of restrictions and ability to recommence small group activities with the residents.



In early September Eva Tilley was contacted by John Isaac from Gideons Boroondara with the offer of a donation of large print bibles for any of our residents who might find comfort in the scriptures and may want one. I spoke to a couple of residents who expressed interest and an order was placed. John delivered 2 boxes of bibles on 8th September which also included some pocket bibles for staff to take if they desired. We are gradually distributing the bibles to residents who are interested in one. If you think your loved one might want a large print bible please contact Lifestyle Department. Thank you to Gideons Boroondara.



Slide Projector Wanted

Do you have a slide projector you no longer use?

We have residents who wish to look at their old slides of travel and family. We will gladly collect.



Flight of Life (Beth P)

On the front patio of our retirement home stood a large brown flower pot which years ago my younger daughter brought me from a School Fete with a small green leafed cutting from a Hoya shrub. I cared for it over many years and it had grown quite tall. It was now in the pot and supported by a timber frame that had grown against a wall and looked very well.

One morning, after I collected the morning paper from the front lawn, I was walking up the front steps to go inside my home and I noticed a bird's nest near the top of the Hoya. I stood there for a moment and I could see a small black or brown bird sitting in the nest. I quietly took myself into the house and thinking about it, I remembered seeing a pair of birds, Minas I think, busy around the patio over the last few days. They must have been building a nest.

Through the lounge room window I could see quite clearly into the nest and one day I noticed three eggs there. I didn't bother them at all but just kept an eye on the nest. About ten days later, I saw mother bird encouraging the young birds to move towards the edge and rim of the nest. She fluttered her wings as if telling them, "This is how you fly".

Three mornings later, after picking up the daily newspaper again, I glanced up at the nest, it was empty. The flight of life had begun.

Carmen's Chuckles

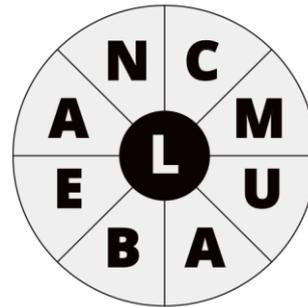
What is the difference between a swagman and a featherbed? **One is hard up, and the other is soft down!**

What did the gas meter say to the shilling? **I'm glad you popped in, Bob, I was just going out!**

What is an auction room? **A place where you get something for nodding!**

Word Wheel

How many words can you make?



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Meals and Memories Cookbook



We invite you to be part of the first ever Eva Tilley Meals and Memories cookbook. Share your favourite dish and share with us what it means to you.

We want to celebrate your culinary heritage, your all-time favourite food, Nannies special treat or something you have always loved to eat even if you bought it at the local bakery. This book will be treasured by all for years to come. Submit to info@evatilly.com.au

Director of Care (Sonia)

The effects of the restrictions on our elderly population and staff were acknowledged on the annual campaign R U OK? Staff wore bright clothing and coloured hair styles while checking in on the residents' and each other's wellbeing. Thanks to the wellbeing team for the fun and memorable day.



While we continue to vigilantly screen and assess every individual who enters our facility, I would like to thank our families and staff who act responsibly to minimise the risk of the virus entering our facility.

New Staff Appointments

Welcome to the following staff to our Eva Tilley Team!

- **Direct Care:** Sabina, Anthony, Dyan, and Ram
- **Housekeeping:** KL
- **Admin:** Gaurab

Staff Recognition Awards

Care: Anjana, Babita, Marichu, Joseph, Chris, Marietta, Frances, Prince, Sally, Karen, Gary, Li, Shaji, Shella, Shramani,

Catering: Stephen, Gurjit and Ishwori

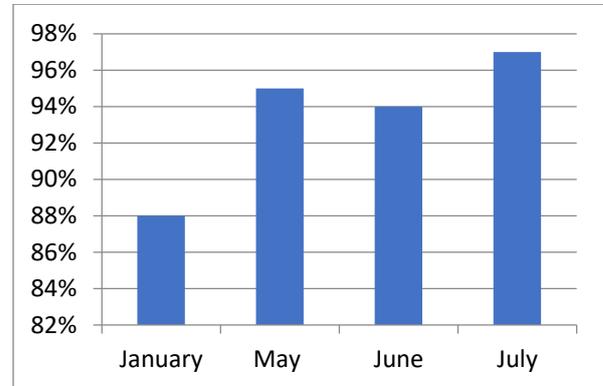
Lifestyle: Perishma, Jessica and Donette

Services: Alex, Lem, Eamonn, Paolo, and Dolly

Quality Activities (Kaye)

Consumer Experience Surveys 2020

Resident/representative level of satisfaction.



Continuous Improvement:

- Clinical huddles (a get together with staff during shift) to inform, discuss, train, support and encourage staff to make improvements in care and services and those raised by residents or their family.
- Daily screening for health and wellbeing for early detection of unwell residents
- Menu system for residents dining in their room
- Hot breakfasts
- 6 week summer menu to increase meal variety and choice
- Observation audits of social distancing, wearing mask and face shield correctly, staff entry screening for healthy staff on shift
- Increased touchpoint cleaning
- Telehealth counselling and support service for resident, family and staff
- PCOC - improving palliative care outcomes for resident, family and carers

Welcome New Residents and their families



David, Patricia, Marie, Param, Robyn, Vittorio, Frank and Mario

Noticeboard

Basic Daily Fee

What is this charge? This fee helps pay for your day-to-day services such as meals, cleaning, facilities management and laundry. Everyone is expected to pay a basic daily fee to cover these services.

How much? The maximum basic daily fee is currently \$52.25 per day.

How is it calculated? The basic daily fee is 85% of the single person rate of the basic age pension. The government sets the price in March and September each year, changing in line with increases to the age pension.

When will it change? The next increase will be on the 20th September, 2020.

September invoicing: Usually it would change on the 20th September but due to the low rate of CPI the Government has made the unprecedented decision to **not** increase any pensions as at the 20th September 2020.

This subsequently means there is no change to the Basic Daily Fee which will remain at \$52.25 until 20th March 2021.

Questions? Please direct any questions to Elena Snow, Business Manager at esnow@evatilly.com.au

Hairdressing Services

Currently scheduled to commence the week of **26th October**.

Until then complimentary pampering service is available every Friday with Shella.

This includes:
sets, blow waves or
Bring Your Own colour.
Book by contacting
Reception!



Swinburne Telehealth

Offering Telehealth Counselling for Health and Wellbeing during this challenging time. Available for Residents, Families and Staff.



Contact us for more information.

In Loving Memory



**Peter L ~ Pat A ~ Owen R~
Robin W ~ Carmen P ~ Kes U ~
Frances C**

We pay our respects and remember our treasured residents who have passed away in the past few months. Our thoughts and condolences to their families and friends. They will be sadly missed, fondly remembered.