

MAY 2021 LIFESTYLE CALENDAR



EVA TILLEY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31 10:30-4.30 Resident 1:1 10:30 Ladies Reminiscing Group 1.30 Exercises 4:00 Happy Hour 5.45 Social Group	Kiosk and Café now open. Monday, Tuesday, Thursday and Friday from 10:00am to 3:30pm If you wish to book a Hair Appointment please enquire with Reception				1 All day 1:1 Visits 3:00 Documentary/ Movie 3.30 Bingo 5.45- Social Group	2 All day 1:1 Visits 3:00 Documentary/ Movie 3.15 Walks 1:1 Visits 5.45- Social Group
3 10:30-4.30 Resident 1:1 10:30 Ladies Reminiscing Group 1.30 Exercises 4:00 Happy Hour 5.45 Social Group	4 10:30-4.30 Resident 1:1 11.00 Bingo 2.00 New Resident Afternoon Tea 4.00 Resident & Family Meeting 5.45 Social Group	5 10:30-4.30 Resident 1:1 10.45 Catholic Church 11.0 Protestant Church 3.15 Quiz 5.45 Social Group	6 10:30-4.30 Resident 1:1 1:15 Knitting Group 3.15 Choir 5.45 Social Group	7 10:30-4.30 Resident 1:1 10.00 Pet Therapy 10:30 Exercises Mother's Day Lunch 2.00 Music Therapy 2.30 Friday Fun 4:00 Happy Hour	8 Hairdressing All day 1:1 Visits 3:00 Documentary/ Movie 3.30 Bingo 5.45- Social Group	9 Mother's Day All day 1:1 Visits 3:00 Documentary/ Movie 3.15 Walks 1:1 Visits 5.45- Social Group
10 10:30-4.30 Resident 1:1 10:30 Ladies Reminiscing Group 11.00 Piano/Andrew 1.30 Exercises 4:00 Happy Hour 5.45 Social Group	11 10:30-4.30 Resident 1:1 11.00 Bingo 2.00 Cooking Group 5.45 Social Group	12 10:30-4.30 Resident 1:1 10.45 Catholic Church 11.0 Protestant Church 1.30 Shopping Outing 2.00 Quiz 5.45 Social Group	13 10:30-4.30 Resident 1:1 1:15 Knitting Group 3.30 Choir 5.45 Social Group	14 10:30-4.30 Resident 1:1 10.00 Art Works 10:30 Exercises 2.00 Music Therapy 2.30 Friday Fun 4:00 Happy Hour & Singing with David	15 Hairdressing All day 1:1 Visits 3:00 Documentary/ Movie 3.30 Bingo 5.45- Social Group	16 All day 1:1 Visits 3:00 Documentary/ Movie 3.15 1:1 Visits Sophie the Dachshund 5.45- Social Group
17 10:30-4.30 Resident 1:1 10:30 Ladies Reminiscing Group 1.30 Exercises 4:00 Happy Hour 5.45 Social Group	18 10:30-4.30 Resident 1:1 and Face Time 11.00 Bingo 2.00 Birthday Afternoon Tea 5.45 Social Group	19 10:30-4.30 Resident 1:1 10.45 Catholic Church 11.00 Protestant Church 1.45 Craft with Anna 2.30 4WD talk/David 5.45 Social Group	20 10:30-4.30 Resident 1:1 1:15 Knitting Group 3.15 Choir 5.45 Social Group	21 10:30-4.30 Resident 1:1 10.00 Art Works 2.00 Music Therapy 2.30 Friday Fun 4:00 Happy Hour	22 Hairdressing All day 1:1 Visits 3:00 Documentary/ Movie 3.30 Bingo 5.45- Social Group	23 All day 1:1 Visits 3:00 Documentary/ Movie 3.15 Walks 1:1 Visits 5.45- Social Group
24 10:30-4.30 Resident 1:1 10:30 Ladies Reminiscing Group 11.00 Piano/Andrew 1.30 Exercises 4:00 Happy Hour 5.45 Social Group	25 10:30-4.30 Resident 1:1 and Face Time 11.00 Bingo 1.30 Bus Outing 5.45 Social Group	26 10:30-4.30 Resident 1:1 and Face Time 10.45 Catholic Church 11.0 Protestant Church 3.15 Quiz 5.45 Social Group	27 10:30-4.30 Resident 1:1 and Face Time 1:15 Knitting Group 3.30 Choir 5.45 Social Group	28 10:30-4.30 Resident 1:1 and Face Time 10.00 Art Works 10:30 Exercises 2.00 Music Therapy 2.30 Friday Fun 4:00 Happy Hour	29 Hairdressing All day 1:1 Visits 3:00 Documentary/ Movie 3.30 Bingo 5.45- Social Group	30 All day 1:1 Visits 3:00 Documentary/ Movie 3.15 Walks 1:1 Visits 5.45- Social Group