

NOVEMBER 2021 LIFESTYLE CALENDAR



EVA TILLEY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>110.00-4.00 Resident 1:1 10.30 Ladies Reminiscing Group 12.00 Melbourne Cup Lunch 3.00 Gentle Exercises 4:00 Happy Hour 5.30 Social Group</p>	<p>2 Melbourne Cup Day Public Holiday</p>	<p>310.00-4.00 Resident 1:1 10:45 Catholic Church 2.30 Men's Group 5.30 Social Group</p>	<p>410.00-4.00 Resident 1:1 11.00 Protestant Church 1:30 Knitting Group 3:30 Choir 5.30 Social Group</p>	<p>5 Hairdressing Services 10.00-4.00 Resident 1:1 10.00 Pet Visits 11:00 Gentle Exercises 1.45 Music Therapy 2.00 Art Works 4:00 Happy Hour/Music</p>	<p>6 All day 1:1 visits 3:00 Movie/Documentary 3:30 Bingo 5:30 Social Group & 1:1 Visits</p>	<p>7 All day 1:1 visits 3:00 Movie/Documentary 3:30 Gentle Exercise 5:30 Social Group & 1:1 Visits</p>
<p>810.00-4.00 Resident 1:1 10.30 Ladies Reminiscing Group 1.30 Gardening Group 3.00 Gentle Exercises 4:00 Happy Hour 5.30 Social Group</p>	<p>9 10.00-4.00 Resident 1:1 10.30 Italian Morning Tea 11.00 Bingo 1.30 Art & Craft 2.30 Discussion Group 5.30 Social Group</p>	<p>10 10.00-4.00 Resident 1:1 10:45 Catholic Church 2.00 Café Club 2.30 Men's Group 5.30 Social Group</p>	<p>11 Remembrance Day 10.00-4.00 Resident 1:1 11.00 Protestant Church 1:30 Knitting Group 3:30 Choir 5.30 Social Group</p>	<p>12 Hairdressing Services 10.00-4.00 Resident 1:1 11:00 Gentle Exercises 1.45 Music Therapy 2.00 Art with Michael 4:00 Happy Hour/ Music</p>	<p>13 All day 1:1 visits 3:00 Movie/Documentary 3:30 Bingo 5:30 Social Group & 1:1 Visits</p>	<p>14 All day 1:1 visits 3:00 Movie/Documentary 3:15 Pet Visits 5:30 Social Group & 1:1 Visits</p>
<p>1510-4.00 Resident 1:1 10.30 Ladies Reminiscing Group 1.30 Shopping Outing 3.00 Gentle Exercises 4:00 Happy Hour 5.30 Social Group</p>	<p>1610-4.00 Resident 1:1 11.00 Bingo 1.30 Art & Craft 5.30 Social Group</p>	<p>1710-4.00 Resident 1:1 10:45 Catholic Church 2.00 Café Club 2.30 Men's Group 5.30 Social Group</p>	<p>1810-4.00 Resident 1:1 11.00 Protestant Church 1:30 Knitting Group 3:30 Choir</p>	<p>19Hairdressing Services 10.00-4.00 Resident 1:1 11:00 Gentle Exercises 1.45 Music Therapy 2.00 Art Works 4:00 Happy Hour/ Music</p>	<p>20 All day 1:1 visits 3:00 Movie/Documentary 3:30 Bingo 5:30 Social Group & 1:1 Visits</p>	<p>21 All day 1:1 visits 3:00 Movie/Documentary 3:30 Pet Visits 5:30 Social Group & 1:1 Visits</p>
<p>2210-4.00 Resident 1:1 10.30 Ladies Reminiscing Group 3.00 Gentle Exercises 4:00 Happy Hour 5.30 Social Group</p>	<p>23 10.-4.00 Resident 1:1 11.00 Bingo 1.30 Art & Craft 5.30 Social Group</p>	<p>2410-4.00 Resident 1:1 10:45 Catholic Church 2.00Café Club 2.30 Men's Group 5.30 Social Group</p>	<p>2510-4.00 Resident 1:1 11.00 Protestant Church 11.00 Bus Outing 1:30 Knitting Group 3:30 Choir 5.30 Social Group</p>	<p>26 Hairdressing Services 10.00-4.00 Resident 1:1 11:00 Gentle Exercises 1.45 Music Therapy 2.00 Art Works 4:00 Happy Hour/ Music</p>	<p>27 All day 1:1 visits 3:00 Movie/Documentary 3:30 Bingo 5:30 Social Group & 1:1 Visits</p>	<p>28 All day 1:1 visits 3:00 Movie/Documentary 3:30 Gentle Exercises 5:30 Social Group & 1:1 Visits</p>
<p>2910-4.00 Resident 1:1 10.30 Ladies Reminiscing Group 1.30 New Resident Afternoon Tea 3.00 Gentle Exercises 4:00 Happy Hour 5.30 Social Group</p>	<p>30 10-4.00 Resident 1:1 10.30 Greek Morning Tea 11.00 Bingo 1.30 Art & Craft 1.30 Cooking Group 5.30 Social Group</p>				<p>If you wish to book a hair appointment please contact Reception</p>	